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High Point Eagles



Updated September 2019



The purpose of athletics at HPCS is to provide an opportunity where students may 1) promote physical development and emotional well being, 2) to teach the values of hard work, discipline, persistence and independence, 3) to encourage school spirit through cooperation toward a group goal 4) to apply the lordship of Christ to a competitive environment.

- A. Positive Attitude (Galatians 5:22; I Thessalonians 5:16-18)
- B. Goal Setting (Philippians 3:14)
- C. Teamwork (Romans 12:3-5; 15:5-7)
- D. Dependence on God (Philippians 3:7-11)
- E. Maturing Relationships with God (II Peter 3:18)
- F. Build Relationships with Teammates (Romans 12:10)
- G. Respect for Authority: School, Officials, Coaches, and Players (I Peter 5:5; Hebrews 13:17; Romans 13:1-5)
- H. Teachable (John 16:12-15; Ephesians 5:10)
- I. Servant Attitude (Philippians 2:5-11)
- J. Self-discipline (Hebrews 6:12; I Corinthians (9:24-27)
- K. Self-control, Emotions, Tongue and Actions (Galatians 5:22; James 3:1-12; Ephesians 4:25, 5:7)
- L. Leadership (Romans 12:8; Ephesians 6:10)
- M. Desire for Excellence (Colossians 3:23)
- N. Positive View of God Given Gifts (Romans 12:4-8; Ephesians 4:10-12)
- O. Fellowship and School Spirit (Acts 2:42; Colossians 2:2-5)

I. ASSOCIATION

High Point Christian School is a member of the Madison Area Independent Sports League and, therefore is responsible for compliance with all by-laws and directives set by the League. At this time HPCS tentatively offers the following sports for grades 5-8: boys/girls volleyball, basketball, and track, girls softball and boys football.

www.maislathletics.org

II. SPORTS FEE

A sports fee is charged for each sport a student participates in. The amount of the fee is set annually by the School Administration and is used to help defray the cost of maintaining the sports program at HPCS and for league fees.

Football \$60

Girls Volleyball \$60

Girls and Boys Basketball \$100

Boys Volleyball

Track and Field \$30

Cross Country \$25

III. STUDENT RESPONSIBILITIES

A. Academic Standards

Students participating in interscholastic sports will be required to maintain academic eligibility in order to participate. The following guidelines will govern eligibility.

1. Academic eligibility must be earned each reporting period, which shall be defined as:
 - a. The time from the beginning of the quarter until the mid quarter report slips, or
 - b. The time from the mid quarter reports to the end of the quarter.
2. A Student must maintain a passing average (64%) or higher in all major subjects in order to be eligible. Any student who receives a grade of "F" in any major subject will be ineligible to participate in any interscholastic competition for the following reporting period. Ineligible students will be allowed to practice with their teams.
3. Passing grades in one subject may not be used to balance out failing grades in another.
4. School projects are to be completed in a manner that does not interfere with practice or game schedules.
5. Players should arrive 15-30 minutes prior to game time (coaches preference).
6. Players must notify coach two days prior to a game if they are unable to attend (unless ill).

Reinstatement

Ineligible students may reinstate themselves by meeting either of the following criteria:

Method #1: A student may reinstate himself at the end of the next reporting period by earning passing grades (at least 64%) in all major subjects.

Method #2: A student may reinstate himself before the end of the next reporting period by raising his average to at least a "passing grade" in all major subjects in which he/she received an "F" for previous reporting period.

A student who reinstates himself will be required to maintain at least a "64%" average (in those subjects which disqualified him) for the remainder of the current reporting period. Any student whose average in these subjects drops below "64%" will immediately lose his regained eligibility. In addition, any student reinstated must for the remainder of the quarter present the athletic director with a weekly academic progress report in those subjects in which there was less than a "64%" average.

B. Behavior Standards

The Bible tells us that we are known by our actions (Proverbs 20:11). The testimony we communicate far surpasses the win/loss record in importance. Our desire is that others recognize a distinct difference in our athletes, coaches, and spectators, a difference that points them to Jesus Christ.

C. Athletic Arena Standards

1. Athletes are expected to display Christ-like character and conduct as members of HPCS athletic teams.
2. Negative, disrespectful or unChrist-like attitudes or actions will not be tolerated. (This is not a complete list.)
 - a. Use of foul or vulgar language
 - b. Using the Lord's name in vain
 - c. Disrespect to a game/match referee, like arguing or obvious disregard for the referee's authority
 - d. Willful actions that endanger an opponent
3. Courtesy demands applause for excellence regardless which team the player represents.
4. Visiting teams are to be treated as our guests. They should be shown the same courtesy as if they were visiting in your home.

D. Uniforms

Uniforms will be issued to all team members after selection of the final roster. They are to be cleaned and returned within one week after the completion of the end of the season tournament. Athletes are responsible to care for that uniform and will be held accountable for any damage resulting from abuse or negligence. Lost and/or damaged uniforms will need to be replaced at the expense of the athlete and at the current replacement cost.

Volleyball

- Uniform tops and bottoms will be issued to all players and will be worn at all scrimmages/games. Practice attire will meet the same specifications as the uniforms ...shorts must have at least a 4 inch inseam and cannot be spandex. However, spandex can be worn beneath approved school issued shorts.
- Kneepads can be purchased on your own.

Football

- Soccer or molded cleats are allowed.
- All players are required to wear mouth guards.

E. Sleepovers

Team members are expected to forego overnight sleepovers the night before a game.

IV. PRACTICE RULES

1. You must make every possible effort to attend all practices. If a practice must be missed for a reason other than absence from school, the coach must be told, 2 days prior to the practice you will be missing. If something unexpected arises, you may inform the coach on the day of practice.
2. Players should dress for practice and bring their books and clothes to the gym area. Players are not to return to the classrooms after practice.
3. If a student misses one or more practices during the week it may affect their playing time during that week's competition. Coaches will need to communicate any disciplinary actions to the MAISL scorekeeper regarding playing time.
4. Failure to follow these rules will lead to various disciplinary actions by the coach.

During Practice

1. Make sure you listen even though you are not involved in a drill.
2. Keep talking down to a minimum, except to ask questions.
3. Never leave the gym unless permission is granted by a coach.
4. Work on your techniques under game conditions with **INTENSITY**.
5. Never criticize another player; praise don't criticize. We all make mistakes.
6. Athletic supporters are to be worn by all male participants.
7. Players will keep gym clean and pick up their own trash.

After Practice

1. Players should dress and be ready for pick up ten minutes after practice ends.
2. Players should help to clean up after practice and games.
3. Players should leave the building promptly after practice. In bitter weather they may wait quietly between the doors of the main church entrance to the sanctuary. Under no circumstances are they to enter other parts of the building.
4. Maintain a good Christian testimony at all times...both on and off the court.

V. EQUIPMENT AND AWARDS

A. Equipment

All of the equipment used for HPCS athletics is the property of the school. No one will be allowed to take any of that equipment home except by specific permission of his/her coach and the Athletic Director. Proper care for the athletic equipment at HPCS is in keeping with the scriptural injunction to be good stewards of that which God has given us.

B. Athletic Awards

HPCS will have an Athletics Award night. It is held in the spring of the school year. It is at this time we honor our coaches and team players for their time and effort.

Awards to athletes are based on participation. The first time they participate in a sport each athlete will receive a plaque. Each subsequent year he or she participates, he or she will receive a bar to add to that plaque.

VI. EXPECTATIONS OF PARENTS

Parents should:

1. Display, and exemplify Christian values, emphasizing teamwork, good sportsmanship, fun, and self esteem.
2. Emphasize that sports are only one part of life, and winning as well as losing are opportunities for learning.
3. Have students to practices/games on time.
4. Inform coaching staff of any special concerns you have about your child relating to athletics. (i.e. Asthma, injury, etc.)
5. Watch your child play, and encourage their teammates!
6. Let the coaches do the coaching and running of the team.
7. Work with the coaches to resolve disciplinary problems.
8. Realize that this is an all volunteer organization, depending on participation. Parents will be expected to volunteer in one of these capacities: a volunteer coach, concession helper or team parent representative. Parents are also expected to participate in other athletic events such as fundraisers and the athletic banquet.
9. Should your behavior toward coaches, referees, players, opponents, etc. be detrimental to the school, the team, and our Lord Jesus Christ there will be consequences determined by the MAISL committee, HPCS administration and the Athletic Director. Penalties could include your not being allowed at your child's game(s).
10. Check the RenWeb website for information on HPCS Athletics.
11. Check the MAISL website at www.maislathletics.org

VII. EXPECTATIONS OF PARENT REPRESENTATIVE

1. Display and exemplify Christian values.
2. Assign volunteer workers for concession stand for your team'
3. Assist coach in communicating with parents.

VIII. EXPECTATIONS OF COACHES

Coaches should:

1. Display and exemplify Christian values.
2. Promote healthy competition, encourage enjoyment of team sports emphasizing teamwork, good sportsmanship and the development of skills and self-esteem.
3. Treat each player as an individual, remembering the wide range of emotional and physical development for the same age group.
4. Coaches held to same standards as parents.
5. Coaches will all sign documentation of training (such as WIAA concussion info, Epi-pen, etc) done once a year.

IX. CONDUCT/DISCIPLINARY CODE

It is generally understood that a coach is to develop a rapport with their players, and may need to use actions under their control to keep order in practices and games.

Serious Infractions: Serious infractions of school rules will be referred directly to the school principal for disciplinary action.

Minor Infractions: Minor rule infractions will follow:

1. Verbally warn players.
2. Send a note home to parent, to be returned signed.

X. PARENTAL AND STUDENT CONSENT

Before participation in the school sport parents and students need to read the HPCS athletic handbook and agree to abide by the policies and principles listed. Concussion forms must be filled out prior to the start of each sports season.

Also a permission slip needs to be signed and athletic fees paid prior to participation in HPCS sports.

XI. PLAYING TIME

At this age, playing is what makes a child feel part of the team. At HPCS all children that participate in scheduled practices, and who are not sanctioned, (disciplinary, academic) need to play in each game. Each child should play a minimum of 1/4 of each game/match, according to MAISL rules. Coaches may limit playing time due to proper digression of disciplinary policy given that is communicated to the MIASL scorekeeper.

XII. WITHDRAWAL/REFUND POLICY

A student-athlete may withdraw from a sport and retain a refund within 5 business days of the start of the sport. Any withdrawal from a sport after 5 business days will not get a refund, but may drop if the team size is still adequate to compete.

XIII. TEAM SIZES/SECTION OF PLAYERS

Teams will be capped at twice the number of athletes playing at one time. For example, basketball is played with 5 players, so 10 will be the max number of players per team. A request can be made to the Athletic Director for exceptions to add players to a full team. At that time a 2nd team may be appropriate. A 2 week enrollment period will be sent to HPCS parents prior to the season (Fall, Winter, and Spring). Once the enrollment period date has expired, the Athletic Director will use the following order to determine inclusion of non-HPCS students.

1. HPCS/Mount Horeb Students
2. HPC Religious Education Students
3. General Religious Education Students
4. If there is still a need, the Athletic Director will reach out to other schools for a co-op with another program.
5. At the discretion of the Athletic Director a younger grade may be presented with the option to move up if the situation presents itself.

CHAIN OF COMMAND

Principal

Athletic Director

Coach

Team Representative

If a parent or athlete has concern, the first step is to go to the team coach. If further intervention is needed contact the athletic director. If needed the principal will intercede.

Concussion Agreement

As a Parent it is important to recognize the signs, symptoms, and behaviors of concussions. By signing this form you are stating that you have read the concussion information sheet and understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury. There is an additional video with helpful concussion information that you may also review.

I have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected.

I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me.

I understand that my child cannot return to practice/play until I provide written clearance from an appropriate health care provider to his/her coach.

I understand the possible consequences of my child returning to practice/play too soon.

Student Signature	Grade	Date
Parent Signature		Date

HPCS ATHLETIC HANDBOOK

I have read the Athletic Handbook and agree to abide by the policies and principles listed.

Student Signature

Grade

Date

Parent Signature

Date

HPCS ATHLETIC STATEMENT OF PERMISSION

_____ has my permission to participate as a member of the basketball/volleyball/track/softball/football team at High Point Christian School. I have read the requirements established for the players and will assist in every way to see they are enforced. I hereby release High Point Christian School (High Point Church), its employees, agents, and representatives, from and in connection with any claim arising out of the participation by the undersigned's child in interscholastic sports sponsored by the school, whether held on or off of school premises.

The undersigned confirms that the child has insurance coverage and grants permission for any medical treatment deemed necessary while such child is under the supervision of the school as a participant in such activities. In the event that such a child becomes ill or sustains an injury while involved in interscholastic sports, the undersigned gives permission to those in charge of such activity to take whatever steps are necessary to stop any bleeding, and administer first aid to such child. The undersigned also consents to an x-ray examination, anesthetic, medical, dental, or surgical diagnosis and treatment and hospital care, and the administration of drugs or medicine to be rendered to such child, which is recommended by a duly licensed physician.

The undersigned agrees that this consent for medical treatment shall apply to all emergency situations and that a copy of this consent is as valid as the original. The purpose of this consent for medical treatment and release is to allow emergency treatment of such child in the event that the undersigned cannot be reached to authorize such treatment.

Insurance Company _____ Policy # _____

Parent signature

Parent signature

Date